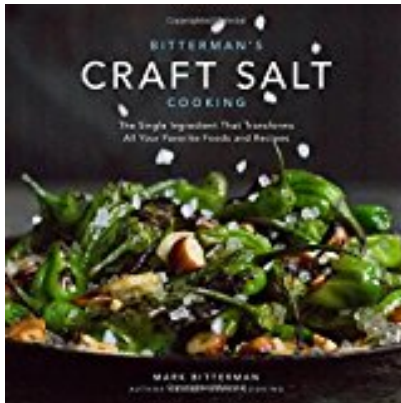


Bittermans Craft Salt Cooking The Single Ingredient That Transforms All Your Favorite Foods and Recipes



BOOK DETAILS

- Author : Mark Bitterman
- Pages : 176 Pages
- Publisher : Andrews McMeel Publishing
- Language : English
- ISBN : 1449478050

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BOOK SYNOPSIS

This is the essential guide to making great salt the centerpiece of your cooking at home. We demand quality in our meals, and natural, hand-made salts are the most basic and essential way to make those ingredients shine. Mark Bitterman is THE salt expert and award-winning author. In this book he makes this simple truth abundantly clear with over 60 inspiring recipes such as: Colorado Beef Burger with Mesquite Smoked Salt, and Chilies, Truffle Salt Smashed Roasted Potatoes, Salted Latte Ice Cream with Lemon Espresso Drizzle. The introduction explores why craft salt is different from iodized salt, kosher salt, and even industrially manufactured sea salt in regard to flavor, nutrition, and sustainability. The many varieties of gourmet salts available today are broken into 7 families (fleur de sel, sel gris, flake salt, traditional salt, shio, rock salt, smoked and infused salts), with helpful charts that make finding the right salt for the right food convenient and easy. The modern, but down-to-earth recipes are organized into practical chapters: Meat, Poultry, Seafood, Eggs and Dairy, Vegetables and Fruits, Sweets, and Drinks and Cocktails. Beyond the recipes, the tips, techniques, and suggestions will help you elevate your tried and true favorite dishes by now using the correct type of salt. Craft salts are not a fad, they are the heart and soul of our food culture today.

BITTERMANS CRAFT SALT COOKING THE SINGLE INGREDIENT THAT TRANSFORMS ALL YOUR FAVORITE FOODS AND RECIPES

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