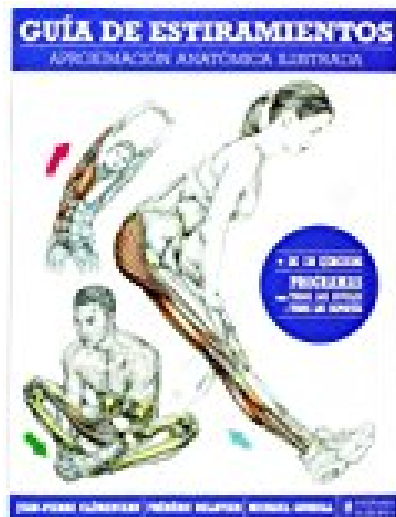


Guia de estiramientos. Aproximacion anatomica ilustrada Fitness Y Deporte Fitness and Sport Spanish Edition



BOOK DETAILS

- Author : Frederic Delavier, Michael Gundill Jean-Pierre Clemenceau
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BOOK SYNOPSIS

Important insight into an outstanding natural remedy for the chronic pain associated with arthritis. More than 43 million Americans suffer from some form of arthritis. However, modern medicine has been unable to establish a safe and effective treatment for chronic joint inflammation. Master herbalist Earl Mindell provides insight into the potential of ginger extract in treating arthritis. With the creation of a patented ginger extract, people suffering from the pain of inflamed joints now have a successful, potent alternative without negative side effects. In Arthritis Miracle, Mindell discusses the stomach-smoothing and food absorption benefits of ginger that make it a good alternative to dangerous drug treatments.

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