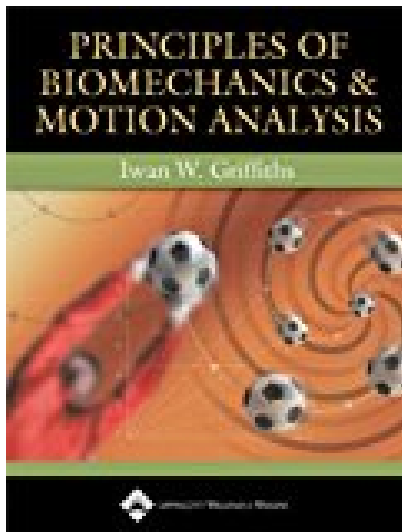


Principles of Biomechanics & Motion Analysis



BOOK DETAILS

- Author : Iwan W. Griffiths
- Pages : 339 Pages
- Publisher : LWW
- Language : English
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BOOK SYNOPSIS

This text offers a practical approach to biomechanics and motion analysis by illustrating mechanical and mathematical principles with real-world examples. The book explains the principles of mechanics and covers all aspects of kinematics and kinetics. Basic principles are illustrated with actual data obtained in laboratory settings. Case studies in each chapter present real situations to provide a deeper understanding of the principles. Each chapter ends with study questions. Mathematics is restricted to the essentials and many advanced calculations are performed using spreadsheet calculations. More than 250 illustrations complement the text.

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