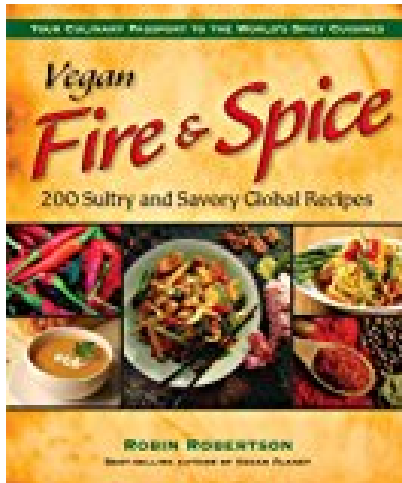


Vegan Fire & Spice 200 Sultry and Savory Global Recipes



BOOK DETAILS

- Author : Robin Robertson
- Pages : 268 Pages
- Publisher : Vegan Heritage Press
- Language : English
- ISBN : 0980013100

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BOOK SYNOPSIS

Spice up your life! - Take a trip around the world with delicious, mouth-watering, meatless, dairy-free, and egg-free recipes ranging from mildly spiced to nearly incendiary. Explore the spicy vegan cuisines of the U.S., South America, Mexico, the Caribbean, Europe, Africa, the Middle East, India, and Asia with: Red-Hot White Bean Chili Vindaloo Vegetables Moroccan Tagine Spicy Szechuan Noodles Jambalaya Thai Coconut Soup Penne Arrabbiata Satays with Ginger Peanut Sauce Organized by global region, this book offers inventive and delicious spicy vegan recipes of traditional dishes using readily available ingredients. Best of all, the recipes are designed so you can adjust your own heat tolerance allowing you to enjoy it hot - or not. With the bold and scintillating recipes of Vegan Fire & Spice, you can travel the globe without ever leaving home - while still enjoying meals that are healthy and 100% vegan.

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